

ECOLE GLOBLE INTERNATIONAL FOOD SERVICES

Menu A

Days	Morning Tea	Breakfast	AM Snacks	Lunch	Eve Snacks	Dinner
Monday	Ginger Tea	Oat meal Porridge	Mango Crush	Salad,Raita	Cold Coffee	Salad
	Hot Milk	Plain Omelette	Fresh Fruits	Yellow Dal Tadka	Vegetable S/w	Vegetable hakka Noodels
	Cookies	Veg cutlet,baked beans		Matter Mushroom		Veg Fried Rice
		Toast/Butter/Jam/Peanut Butter		kadhai Paneer,Peas Pulao		Vegetable manchurain
		Tea/Coffee/Milk,Bournvita		chapati		Szechwan Chicken
		Seasonal Fruits		Desserts		Desserts
Tuesday	Ginger Tea	Corn flakes,Bournvita	Chocolate Muffines	Salad,Plain Curd	Strawberry Crush	Salad
	Hot Milk	masala omlette	Fresh Fruit Juice	Rajma Rasila	Wai-Wai	Mix Dal Tadka
	Cookies	Poori/Bhaji		Jeera Aloo		Seasonal Vegetable
		Toast/Butter/Jam		Pasta Arabiata		Paneer Makhni
		Tea/Coffee/Milk		St.Rice,Chapati		Mash Potato,Butter rice
		Seasonal Fruits		Cut Fruits		Dessert
Wednesday	Ginger Tea	Musseli, Bournvita	Pine Apple Crush	Salad,Raita,Papad	Vanilla Shake	Salad
	Hot Milk	Boiled eggs	Cookies	Veg Biryani	Doughnut	Moong Dal Tadka
	Cookies	Stuff paratha with curd		Non-veg Biryani		Seasonal Vegetable
		Toast/Butter/Jam				Sahi Paneer
		Tea/Coffee/Milk				Plain Rice
		Seasonal Fruits		Cut Fruits		Dessert
Thursday	Ginger Tea	Cornflakes,Bournvita	Khush Syrup	Salad,Plain Curd		Salad,Papad,Plain Curd
	Hot Milk	Scrubled egg	Fresh Fruits	Kabuli Chana	Tuck shop	Vegetable Khichdi
	Cookies	Masala Uttapam,samber,chutny		Seasonal Vegetable		
		Toast/Butter/Jam		Dum Aloo Kashmiri		Fruit Custard
		Tea/Coffee/Milk		Jeera Rice, Chapati		
		Seasonal Fruits		Cut Fruit		
Friday	Ginger Tea	Mussli	Lemon Water	Salad,Garlic Bread	Chocolate Shake	Salad
	Hot Milk	Fried Egg	Popcorn	Saute Vegetable	Cheese s/w	Chana dal,Seasonal Veg
	Cookies	Vermicelli Poha		Cottage Cheese Shaslik		Vegetable Kofta curry
		Toast/Butter/Jam		Pasta Morney		Chicken Masala
		Tea/Coffee/Milk		Vegetable Paela		St rice,Chapa
		Seasonal Fruits		Cut fruits		Desserts
Saturday	Ginger Tea	Porridge	Orange Squash	Salad	Aam Pana	Salad
	Hot Milk	Scrubled egg,Baked Beans	Fresh Fruits	Dal Handi	Maggi	Chilli Paneer
	Cookies	Hash Brown Potatos		Seasonal Vegetable		Chicken manchurain
		Toast/Butter/Jam/Peanut Butter		Palak Corn		Garlic Fried rice
		Tea/Coffee/Milk		St. Rice,Chapati		Veg Hakka Noodels
		Seasonal Fruits		Desserts		Desserts
Sunday	Ginger Tea	Choco flakes,Bourn Vita	Fresh Fruits Juice	Salad ,Plain Curd	Banana Shake	Salad
	Hot Milk	Boiled Egg	Cookies	Butter Chicken	Popcorn	Moong Dal Tadka
	Cookies	Stuffed paratha with curd		Paneer tikka Makhni		Seasonal Vegetable
		Toast/Butter/Jam		Butter Naan		Stuffed Tomato Capsicum
		Tea/Coffee/Milk		Cut Fruits		St Rice,Chapati
		Seasonal Fruits				Dessert